

## Mid report to the development fund of Rotary by Charlotte Almkvist

Project number: 2103

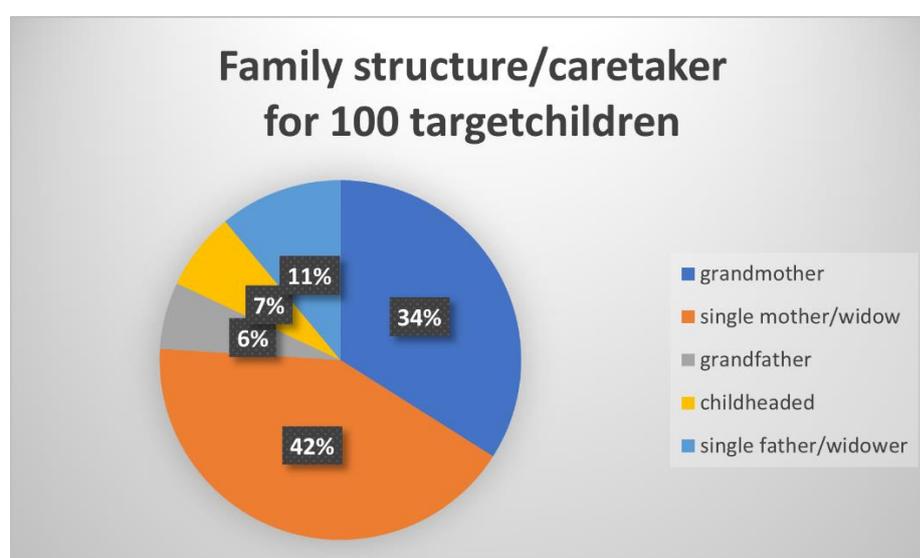
Project title: Food for life Kenya (Global grant nr 2231328, Maseno Food for life)

Project start: 2021-12-01

Amount received: 35 000 SEK

Activities:

December: Purchase and transport to the villages of agricultural products. Identification of malnourished children in two villages in Kakamega (Maua+ Mabuku) and one village in Vihiga (Maseno/ Coptic Lela). The malnutrition rate of children below five years was 98%. We chose 50 families from Kakamega and 50 families from Vihiga to be included in the project work during the first year and another 25 families from Kakamega and 25 families from Vihiga to be included from 2023. We made home visits to the families and had discussions with elderly, youth, church, schools, community health workers and hospitals to get a profound picture of the living conditions. The communities appreciated our work. All the children were living in incomplete families.



January: Group trainings in the villages in agriculture (dr Omwela), nutrition and health (district nurse Rose Wekesa).



Weighing/ monitoring and health examination of the children.



Deworming and vaccination of all children.

February: Land preparation and planting of fodder. VCT (Voluntary Counseling and Testing) officers to villages for outreach HIV testing and treatment of children and parents.

March: Training in poultry by Dr Omwela, distribution of two pullets and one cockerel/ target family+ feeds. Vaccination of poultry.



Making of compost pits. Planting of maize, beans and groundnuts. Transplanting calliandra, napier grass and sweet potatoes. Kitchen gardens for indigenous vegetables.

April: Training in goat care by Dr Omwela. Scouting for best goats. Harvest of beans for seed banks. On spot training.

Distribution of enriched flour to target children during “starving period”, waiting for next harvest.

May: Building of goat pens. Kitchen gardens. Top dressing. Weeding. Distribution of dairy goats, twenty she goats for “first line families” and two bucks, one for Vihiga and one for Kakamega to serve the she goats. Tagging and vaccination of goats, registration of goats in Dairy goats association of Kenya (Dr Omwela). Distribution of mosquito nets during rainy season.



June: Eggs from poultry.

Harvest of beans and sweet potatoes.



Mating of goats for kids/ milk in November/ December.

### Result:

The children are growing, last monitoring in July showed that 96% of the target children in Kakamega and 82% of the target children in Vihiga are no longer malnourished.

The harvest of beans has doubled compared to last year.

The children did not suffer from severe infections, and no one died.

### Cooperation:

Maseno RC is very active and supportive in field work. The nurse Rose Wekesa is taking part in training in nutrition and healthcare and health examining the children.

Emulua child development, a CBO (Community Based Organisation) whose director is our coordinator, Abigael Asigi. She is planning, coordinating and monitoring the field work and is sending monthly reports and keep us updated when unforeseen problems turn up.

MoA (Ministry of Agriculture and Livestock), Dr Alex Omwela, responsible for agriculture and goat- and poultry programs and trainings. During 2022-2023 he is likewise the president of Maseno RC.

MoH (Ministry of Health), Rose Wekesa, district nurse, responsible for trainings in healthcare and nutrition and supervision of health issues.

### Positive experiences:

Good collaboration with all partners including prompt and accurate accounting of expenditures.

With the tools given women have started village banks/table banking to enable savings and microloans/ small business. They have set up a chicken farm.

Close contact with TRF officer Sarah O'Brien, who offer good advice and support.

Expenditures December 2021- June 2022 are within budget.

### Negative experiences:

Difficulties in getting support from other Rotary clubs and organisations.

Increased prices after Ukrainian war in February. Lack of fuel in Kenya during May. The field work is in remote villages and in need of transport. Our coordinator Abigael spent periods out in the villages to continue her work- falling sick in typhoid and malaria.

Due to increased prices we had to buy younger dairy goats, that were not ready to mate until July- kids/ milk delayed until December.

### How many Rotarians have participated

Stockholm City RK:

Project leader/ primary contact: Charlotte Almkvist- scouting for sponsors, planning, assessing, and evaluating work, presentation of the project at three other clubs, weekly mail contact with Abigael Asigi and Chris Mabwa. Applications and reports. Medical adviser.

Project committee:

Assistant project leader: Per Smeds, president 20/21 - scouting for sponsors, arranging zoom meetings, assisting in IT, supporting in application and necessary certificates.

Treasurer: Christian Juul- scouting for sponsors, regular mail contacts with Maseno treasurer, supervising economic reports, marketing the project, uploading Abigail's monthly reports at club's home page.

Chair: Britt-Marie Bertilsson- organizing meetings, writing meeting minutes, editing applications/ reports.

Member: Fredrik Lindgren- taking part in our meetings.

Other dedicated members of our Kenya group:

Agneta Söderlund, president 21/22- supporting and marketing the project among other presidents.

Margareta Redlund, editor of Club's Newsletter- writing articles in Newsletter and Rotary Norden nr 4.

Gunilla Berglind- scouting for sponsors, f. ex. funding from MOC

Jeanine Liebrecht, Sergel RK- scouting for sponsors, e.g. funding from Gustav Rudberg's fund. Planning for events.

The committee has had 18 meetings mostly zoom.

Maseno RC:

Primary contact: Tom Amakoye, president 20/21- supervising the work.

Project committee:

Treasurer: Christopher Mabwa- responsible for expenditures, communicating with Charlotte Almkvist and Christian Juul, reporting to TRF.

President: Alex Omwela, MoA- responsible for agriculture and poultry-goat program.

Roselyne Wekesa, community health nurse- training and supervising health and nutrition.

Other members:

Abigael Asigi, director of Emulua child development CBO- planning, monitoring and reporting project.

Samuel Essanya, president 21/22

Joel Atieli, Phancy Omwoha.

Maseno RC and Stockholm City RK have had three joint zoom meetings.

Economy: Expense summary end of July (TRF)

Category	Budget (KES)	Expenses (KES)	Variances (KES)
Accommodations	30000	19200	10800
Equipment	3320	529740	(526420)*
Monitoring/ evaluation	75000	39000	36000
Operations	948854	292500	656354 *
Personnel	790000	156000	634000
Management	125000	0	125000
Supplies	1209000	88800	321000
Training	105000	53500	51500
Travel	123500	54000	69500
Totals:	3409674	2031940	1377734

\*Goats and goat pens have been registered as operations in the budget plan, as equipment in expenses- will be moved

**Remaining: 1 377 734 KES= 123 484 SEK= 11 452 USD**

<u>Revenue:</u>	USD
Stockholm City RK	9 021
U-fonden	3 246
Stockholm Sergel RK	333
District 2350	5 000
District 2340	3 000
Maseno RC	1 000
Goleta noontime RC	3 000
TRF	6 400

Total 31 000

Expenditures Dec 2021- June 2022 are within planned budget.

We are expecting increased prices for transport and purchase of agricultural products during November- December, but are adjusting by reducing budget for management and monitoring and using contingency to keep activities as planned.

With thanks for your contribution.

Charlotte Almkvist, project leader